

NDAAP Spring Board Meeting
April 18, 2008
Jamestown, ND

ATTENDANCE

Todd Twogood
Myra Quanrud
Lori Sondrol
Brenda Thurlow
Karilyn Avery
Kylie Nissen
Scott Porter, Neuropsychologist, Meritcare

PRESIDENT'S REPORT – Todd Twogood

1. Annual Report – is on the AAP website
2. Top 5 health issues that the NDAAP will address this year
 - a. Native American Health
 - i. Twogood has been working with Dorgan's office as to how the NDAAP can help.
 - ii. There has been a pediatrician in Fort Yates since December. Twogood will contact her to see if she is interested in taking the lead on the issue of Native American health.
 - Susan Zelewski travels to Belcourt
 - iii. Search the AAP website for guidance
 - b. Childcare
 - i. They are running out of money
 - ii. The NDAAP will assist them in looking for support and funding. One source to look to will be the Dakota Medical Foundation.
 - c. Mental Health
 - i. Primarily autism as a focus
 1. Chris Tiongson is the state autism expert.
 2. Anne Carlsen Center has partnered with Minot State to put together diagnostic roadshow consultants (a multi-disciplinary group) that travels to the communities that request assistance.
 3. Meritcare and Bismarck have implemented mandatory autism screenings at 18 months and 2 years old. (National AAP agenda item)
 - ii. AAP sent out a toolkit – Sondrol and Twogood have – they say it isn't very helpful
 - iii. Linda Getz-Klein has a CATCH grant that surveyed Cass and Clay counties to see what are the early mental healthcare needs. There will be a presentation on this at the noon Pediatrics Grand Rounds (Meritcare).
 - iv. It is the idea of the NDAAP to get a CATCH implementation grant to put together and make available a complete list of all the mental health resources in North Dakota by

location. Money will be needed to search out and find out what the available resources are statewide.

1. To get a CATCH grant there needs to be a pediatrician sponsoring it. The CATCH Implementation grant is due at the end of the year.
 2. May also look to getting funding from Dakota Medical Foundation to cover the costs of distributing the final product.
 - v. Start by looking at what has already been gathered –
 1. Linda Getz-Klein for Cass and Clay counties
 2. Pam Galligar – community action regions contact
 - d. Obesity
 - i. Karen Ehrens has a state grant – creating a resource list for pediatricians and family practice offices that list places available to children to go for help with obesity (exercise places, etc.) – part of Healthy North Dakota
 - ii. Twogood is working with Karen on this
 - iii. Bismarck will be the pilot for this project
 - e. Medical Home
 - i. NDAAP is administering the \$36,000 grant that the state has through Maternal Child Health
 1. Kora Dockter wrote an advertisement for hiring a coordinator/grant writer.
 2. Quanrud and Kylie are working on refining the advertisement and then will put in the Bismarck area papers.
 - ii. Working on getting a large grant.
 - iii. Blue Cross Blue Shield of ND is interested in medical home. There are upcoming meetings in Fargo and Bismarck.
 - f. Breastfeeding - #1 on legislative agenda for NDAAP
3. Tobacco Settlement Money – more tobacco settlement money is coming into North Dakota. Twogood has signed off on this proposal (Heidi Heitkamp is the lead on this settlement) so NDAAP will have some say on gets done with it. \$63 million exclusively for preventative health.
- a. Idea: earmark some of the money for child abuse prevention (an area ND is lacking in support for)
 - b. Idea: earmark some of the money for daycare – a model of this is in North Carolina

VICE PRESIDENT REPORT – Myra Quanrud

1. Myra attended the Annual Leadership Forum (ALF) – top items at the conference
 - a. Gone to a consent agenda – not liked, hopefully they will switch before next year
 - b. Resident and Young Physician section were very active
 - c. Defeat Autism now had dinner with the leadership of AAP
 - d. Candidates for president-elect spoke – that are very different, but both have good agendas and good points.
 - i. Voting has been down, especially for the president election
 - ii. NDAAP needs to encourage all its members to vote.

- e. Change in billing – if you don't pay your membership dues by June your billing date will be reset and you will be "cut-off" until you pay. Once you pay your dues will still be for 12 months.
- 2. AAP website is very helpful – it has screening test and ADHD toolkit available for free
- 3. Need to put together a media campaign on the importance of immunizations to combat "Jenny McCarthy Followers"
 - UC Davis MIND

TREASURY REPORT

- 1. Currently a surplus
- 2. Use some of the money to send someone to a conference.
 - a. Legislative Conference is in April
 - b. If you know the process you can make a huge difference, even when you aren't in Bismarck
- 3. Dues are coming up this summer

PROS – Lori Sondrol

- 1. 2 new studies convening
 - a. BMI² – intensive training for the physicians that will take part. Uses motivational interviewing to combat obesity with 3 groups: control group, physicians meet with patient group, and physician and dietician meet with the patient group.
 - b. 2nd hand tobacco exposure – focuses on how pediatricians can help parents stop smoking.
- 2. PROS report will be in the next newsletter

NEWSLETTER

- 1. Two groups have asked Twogood about having advertisements in our newsletter
 - a. Dairy Council – wants to put in a full page ad
 - b. Family Voices
- 2. Look into what NDMA charges for advertisements in their newsletter

BREASTFEEDING

- 1. The website needs to be updated from the Hoggarth as the Breastfeeding Coordinator to Brenda Thurlow.
- 2. Brenda is participating in monthly teleconferences.
- 3. NDAAP will sponsor air conditioned tent at the ND State Fair for lactating mothers. (Indiana as a model)
 - a. Kylie will look into the cost of a tent, water, and air conditioning.
 - b. Lori will look into the cost of purchasing 8 camp/rocking chairs.
 - c. Need people to monitor tent – ideas of people to look into are WIC, Minot pediatricians, Breastfeeding Coalitions

LEGISLATION PRIORITIES – the NDAAP generally hooks on with issues that are child related. NDMA is putting on a 3 day evening conference regarding the health issues to address during the next legislative session. NDAAP priorities:

- Breastfeeding
- School nurses in schools
- Increase support for daycare
- Child support

RECRUITMENT

- As a way to increase membership and get more members active, the President or Vice-President and a board member will go to different cities and visit with the pediatricians there.
- Get medical students to the NDAAP meetings. Kylie will contact the UND School of Medicine Office of Medical Education to get the med students contact information.

ELECTIONS

- Twogood will send out ballots in June or July.
- Candidates: President = Myra Quanrud, Vice President = Chris Tiongson, Secretary/Treasurer = Karilyn Avery

NEXT MEETING

- Friday September 19, 2008
- As a fun activity there will be scrapbooking (Karilyn Avery) and golf. The day-time meeting will be at the Alerus Center and the Business Meeting will be at the Canad Inns. Want to encourage everyone to bring their families – Canad Inn has a great water park. Have babysitting available during the daytime and business meeting.
- 10 am – 2 pm CME meeting; 2-5 pm scrapbooking and golf; 5 pm social followed by 5:30 pm business meeting
- Schedule:
 - 10 am Sara Copeland, U of IA Pediatric Geneticist, “Metabolic Screening, What’s Up”
 - 11 am ND Med School & Pediatrics, “Who, When and Where” Dr. Wilson & Dr.Tinguely
 - 12 am Break
 - 12:15 pm Barbaresi
 - 1:00 pm Hyperthermia, Infants and Automobiles, Andrea Boe and Carma Hanson
 - 1:30 pm Breastfeeding – Brenda Thurlow
 - 2:00 pm Scrapbooking/Golf at Ray Richards
 - 5:00 pm Social – Canad Inns
 - 5:30 pm Business Meeting/Dinner – Canad Inns
- Sondrol will contact Barbaresi to see if he is available to present at the meeting. As a backup, Bob Voigt. NDAAP will pay for their expenses.
- Kylie will contact Ray Richards and the Canad Inns.
- Coming to meeting: Michael Severson (District VI), Director of Medicaid, Director of Vaccine, Director of Hearing Program, Terry Dwelle (State Health Dept.)